

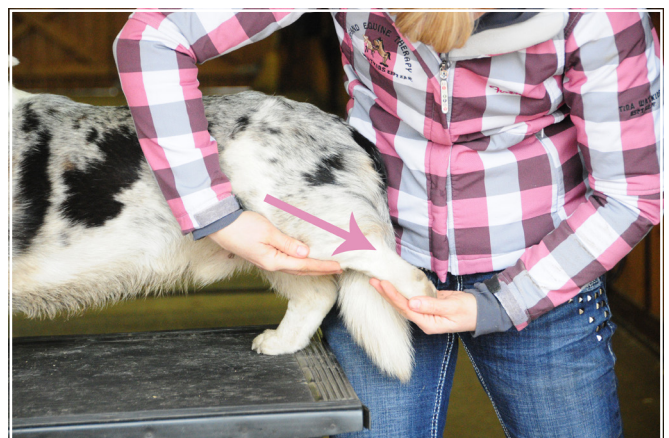
Inhand Equine Therapy



Hind Leg

Hind leg stretch

Pick the leg up, place your inside hand on the dog's hock to support the leg and give the dog some sense of stability. With your outside hand cupping the fetlock joint rock away from your dog and allow the stretch. If the dog remains comfortable, you can push the dog's leg medially, thus bringing the leg towards the tail while maintaining the extension in the leg. This will stretch the abductors on the lateral side of the dog's leg. Be very careful to watch that the dog remains comfortable and that you don't ask for too much. Hold times will start slowly for this stretch at 5-10 seconds and can build up to 30-45 seconds for an experienced dog.



**** Be safe when stretching your dog. Have a look around the area you are working in and ensure there is nothing that can catch him or he can trip on. Make sure the footing is safe so he doesn't slip and that you never stretch a dog that is tied up. Safety is our number one concern and we have to always make sure we don't put our dog in a dangerous position.****

****NOTE: Therapy is not a replacement for Veterinary Care.****