

Inhand Equine Therapy



Preparing for a visit from Inhand Equine Therapy

Horses

Please have a flat surface available where the therapist can work with the horse. Try and find an area that has minimal distractions.

The horse must either be tied or held during the session.

Please make sure your horse is clean, if he/she has any skin conditions e.g. ringworm please inform the therapist before the session.

Horses must be walked for 5 minutes following the session to allow the lymphatic system to begin draining.

No riding or exercise for 12 hours following the session.

Horse should not be engaged in any activity at least 45 minutes before the session.

Please bring details about the horses diet, supplements, routing, medications as well as medical history.

Please have your saddle and bridle available.

Please let us know if your horse has any vices e.g. biting, kicking, pulling back etc.

Dogs

Please do not feed your dog for 30 minutes prior to the session with the therapist.

Please ensure your dog is accustomed to being touched all over.

Please have a flat surface available where the therapist can work with the dog. A table is often sufficient for smaller dogs and the floor will work for some larger breeds.

Please make sure your dog is clean, if he/she has any skin conditions e.g. hot spots please inform the therapist before the session.

Dogs must be walked for 5 minutes following the session to allow the lymphatic system to begin draining.

Please do not exercise your dog for 12 hours following the session.

The dog should not be engaged in any activity at least 45 minutes before the session.

Please bring details about the dogs diet, supplements, routine, medications as well as medical history.

Please let us know if your dog has any vices e.g. biting. We may require a muzzle on some dogs.